

Hike no 06 Sengjaberget

Lovely view of Skjolden, Lusterfjorden and Eidsvatnet.

Parking: Park at Fjordstova in the centre of Skjolden.
N 61°29'28" E 07°35' 55"
Sone 32 N 6818296 E 425385

Time: One hour (Round trip, walking time)
Altitude: 10 – 120 m
Distance: 3,4 km (Round trip)
Map: Lusterfjorden 14171(1:50000), or Breheimen (1: 100 000)
Post: Walk on 300 meters past Sengjaberget.
Marking: Road + O-marked path

How to get there:

- Follow road to Bolstad.
- Take to the right towards Fløyen.
- Take to the right at the top of the road.
- Walk past two houses and enter the path to Sengjaberget. After 320 m walk you reach Sengjaberget.

N61°29'35" E07°36'46"
Sone 32 N 6818493 E426140



Sengjaberget (The Bed-rock) has got its name from the shape of the rock, which has the form of benches or beds. Sengjaberget is the most popular viewpoint in Skjolden. From here you have a good view of the village, the fjord, Eidsvatnet and Eidselva (elv=river). On the south side of the river is the **Eide farm**, which is one of the largest farms in the area of Sogn and Fjordane covering 75 crop acres. ("Eid" means a (narrow) land area with water on both sides.) **Nymoen Camping** is situated between the main road (Route 55) and the lake.

Being the innermost part of Norway's longest fjord, Skjolden is becoming an important **cruise destination**. The investor Oddvar Røysi has built a new pier for tenderboats, and plans are ready for a permanent cruise quay. Røysi has also restored the old harbor storehouse which now contains a pub/café and gallery. He has also built luxury cabins for rent. Some of which you can see from Sengjaberget.

By the fiord on the north side you can see the small hamlet of Fjøsne. Far out the mountain of **Molden** rises from the fiord. Molden is another wonderful viewpoint of the Luster fjord area.



We wish you a pleasant and interesting walk!
Skjolden Aktiv and IL Fanaråk

More information at www.skjolden.com and www.sognefjord.no